



CELEBRATING RECOVERY 5K WALK & RUN 2014

Proceeds benefiting:



Saturday, September 6, 2014 at 9^{AM} 5K Run & 1 Mile Walk

Location: Fort Huntington Park
Corner of W. 3rd & W. Lakeside
Across from the Justice Center

Time: Packet Pickup - 7:30am
5K Run - 9:00am
1 Mile Walk - 9:10am

Awards: Top 3 Male runners - trophies
Top 3 Female runners - trophies
(The first 300 runners to cross the finish line will receive a Recovery 5K medal. The first 200 walkers to finish will receive a Recovery 5K ribbon.)

Cost: The Recovery 5K Run & 1 Mile Walk is a free event however; donations will be accepted at registration. All donations will go to support the Cleveland Food Bank. Contact Robert Newman at (216) 206-5211 with any questions.
Registration can be completed online at www.hermescleveland.com or by mailing the completed form along with your donation to Hermes Sports & Events, 1624 St. Clair Ave., Cleveland, OH 44114.
Mail-in registrations must be received by Wednesday, Sept. 3, 2014 and online registrations must be completed by 9:00am on Friday, Sept. 5, 2014

***All participants registered by August 25th will receive a Recovery 5K t-shirt.**

I hereby understand that upon my entry into the Recovery 5K Run/1 Mile Walk, I waive any and all claim for damages that I may have against Hermes Sports & Events, The Cleveland Food Bank, Community Assessment & Treatment Services, Moore Counseling & Mediation Services, The Greater Cleveland Drug Court, promoters, sponsors or anyone involved in the production of this race in regards to all injuries suffered by me while running, traveling to/from, or participating in this event, for myself, my heirs and/or assignors. I give permission for the free use of my name & picture in any broadcast, telecast or print media of this event.

NAME: _____ D.O.B. _____ AGE ON RACE DAY _____ SEX _____

ADDRESS: _____ CITY _____ STATE _____ ZIP _____

I have enclosed a donation for the Cleveland Food Bank in the amount of: _____

EMAIL: _____ EVENT: _____ 5K Run _____ 1 Mile Walk

Shirt Size: S M L XL

SIGNATURE: _____ PARENT/GUARDIAN (under 18): _____

